

Bio  
Suzie Owen



For the past 16 years, Suzie Owen has dedicated her career to helping employers implement strategies to engage their employees in their health and well-being. Suzie is currently a Wellness Consultant with PacificSource Health Plans where she works with employers throughout the state of Idaho. Her role is to provide expertise and best practice wellness strategies to assist employers in developing a supportive culture and environment that is conducive to employees living their best life possible. She currently serves as the Education Chair for Leadership Boise Alumni Association and has also founded inspire; a network and quarterly forum for workplace wellness professionals to learn and share best practice strategies. With her expertise, positive rapport and innovative approaches, she has successfully positioned herself as a thought-leader within her industry.